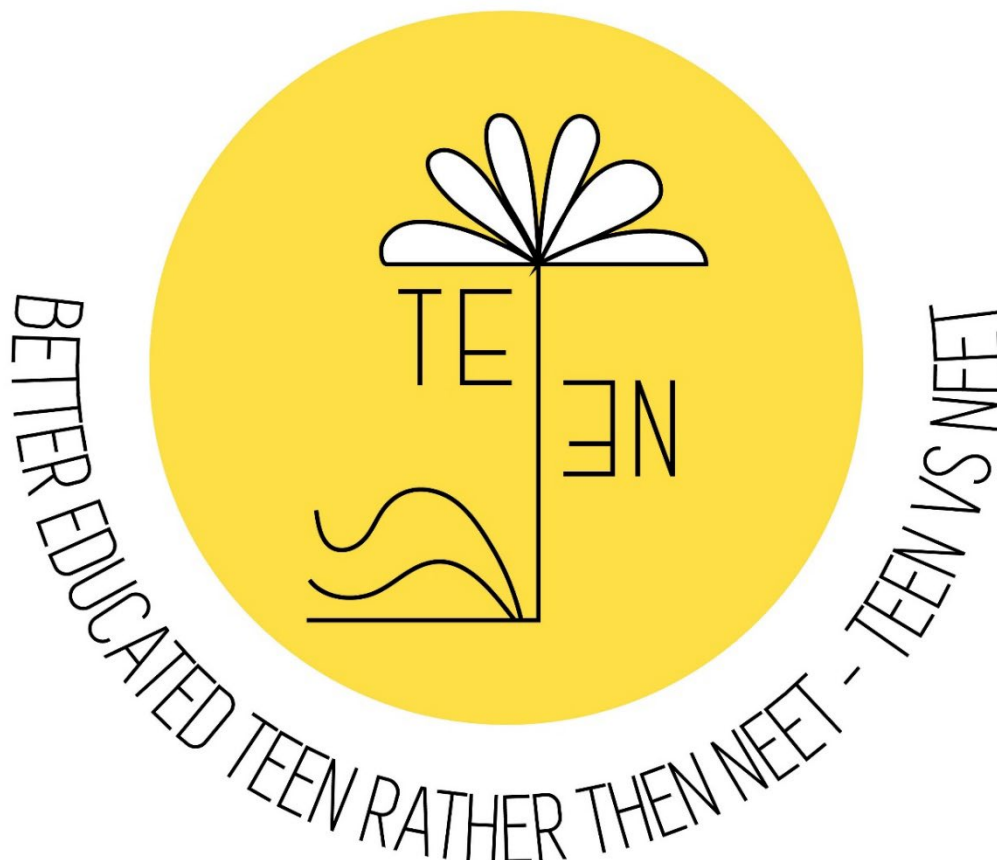


CALL 2021 ROUND 1 KA2

KA220-SCH COOPERATION PARTNERSHIPS IN SCHOOL EDUCATION

2021-1-IT02-KA220-SCH-000027704



Guideline to be followed for the adoption among students of the figures of coach and guidance counselor and to nontecome NEET.



**Co-funded by
the European Union**

Disclaimer: Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

Index

Introduction.....	3
Selection of Coach and Guidance Counselor students.....	3
Policy	3
Initial training	4
The Role of Student Coaches.....	4
Personal and motivational support.....	4
Motivation activities.....	5
The Role of Student Guidance Counselors	5
Educational and career guidance	5
Sought after support	5
Activities during the school year	6
Workshops and group sessions	6
Mentorship and tutoring.....	6
Evaluation and feedback	6
Strategies to avoid becoming NEET.....	6
Conclusion	7

Introduction

The phenomenon of NEETs (Not in Education, Employment, or Training) represents one of the most critical challenges for young people in Europe and in the world. Lack of education, employment, and training can lead to long-term negative consequences, including social isolation, economic instability, and fewer opportunities for personal and professional development.

The Erasmus+ TEENvsNEET project has developed a set of practical guidelines to prevent the NEET phenomenon, through educational, motivational and professional support strategies. This report explores in detail the selection criteria and the role of student coaches and guidance counselors, as well as the activities to be carried out during the school year to ensure effective accompaniment of young people in their personal and professional growth.

Selection of Coach and Guidance Counselor students

Policy

To ensure effective implementation of the program, the selection of student coaches and guidance counselors is based on a series of rigorous criteria that aim to identify the most suitable candidates to play the role of mentor and guide for their peers:

- **Interest and Motivation:** Students must demonstrate a real willingness to help their peers, as measured through interviews, questionnaires, and assessments of their engagement in school and extracurricular activities.
- **Communication and Relational Skills:** Good communication and interpersonal interaction skills are essential for building a collaborative and inclusive environment.
- **Empathy and Active Listening:** Students must demonstrate the ability to understand and support the difficulties of their peers, through simulations and role-playing.

- **Problem-Solving Skills:** To be able to identify and deal with the school, social and personal problems of classmates with a constructive approach.
- **Leadership and Teamwork:** Being able to inspire and motivate peers, promoting collaboration.

Initial training

Selected students receive initial training through intensive workshops and seminars covering the following areas:

- **Effective communication:** Strategies for expressing oneself clearly, managing conflicts, and facilitating productive discussions.
- **Problem-solving and decision-making techniques:** Tools to face challenges in an analytical and constructive way.
- **Emotional support and stress management:** Active listening techniques, managing emotions and promoting mental well-being.
- **Career guidance:** Training on how to help classmates explore study and career paths.

The Role of Student Coaches

Personal and motivational support

Student coaches play a key role in providing personal support to peers, helping them to:

- Identify and set realistic educational and professional goals.
- Develop detailed action plans to achieve these goals.
- Create a safe and trusting environment where students can freely express their concerns and challenges.

Motivation activities

Motivation activities include:

- **Personal development sessions:** Workshops on positive mindset, self-motivation and overcoming obstacles.
- **Team building exercises:** Role-plays, collaborative projects and community activities to improve the sense of belonging and cooperation.
- **Success Testimonials:** Meetings with alumni and professionals who have overcome similar difficulties.

The Role of Student Guidance Counselors

Educational and career guidance

Student guidance counselors support peers in exploring their academic and career options, through:

- **Individual interviews** to identify interests, skills and aspirations.
- **Use of tools for assessing** professional attitudes and skills.
- **Information on educational paths** and professional training opportunities.
- **Support in writing CVs and preparing for job interviews.**

Sought after support

The strategies adopted include:

- **Personalized tutoring** to improve academic performance.
- **Effective study techniques** and time management.

- **Exam preparation and management of school anxiety.**

Activities during the school year

Workshops and group sessions

Training and awareness-raising activities include:

- **Meetings with experts** on education, the labour market and personal development.
- **Simulations of work situations** to familiarize yourself with the dynamics of the professional world.
- **School and social projects** to promote a sense of responsibility and active commitment.

Mentorship and tutoring

- **Creation of a mentoring system** in which senior students support younger students.
- **Ongoing support for the development of a personalized career plan.**

Evaluation and feedback

- **Periodic surveys and interviews** to measure the impact of activities.
- **Analysis of the results** to constantly improve the program.

Strategies to avoid becoming NEET

1. **Active participation in education:** Investing in one's own training.
2. **Career guidance and skills development:** Acquiring soft skills.
3. **Social support:** Create support networks between peers and reference figures.

4. **Planning for the future:** Set clear goals and pursue them consistently.

Conclusion

By implementing these strategies, young people can significantly reduce the risk of becoming NEETs and build a more promising future. The integration of school support, career guidance and personal development is a key step in ensuring a successful and stable future for the next generation.